



# YWCA Sarah Belk Gambrell Fitness Center

## Freeze Form

\* 10-business day notice is required to activate a Freeze

Name \_\_\_\_\_ Member # \_\_\_\_\_

Email: \_\_\_\_\_

- Please Check:**
- Freeze Monthly Membership
  - Freeze PIF Membership
  - Freeze Locker Rental *(if applicable)*

**Please indicate the reason you are freezing your membership:**

- Financial Concern
- Medical Concern
- Traveling
- Not using – What can we do to help? \_\_\_\_\_
- Other (Please explain) \_\_\_\_\_

Please be aware that at the end of the freeze period ***your account will automatically reactivate and your monthly draft will restart.*** In order to extend your freeze period or cancel your membership entirely, please contact the YWCA at least one week prior to the end of your freeze period. The YWCA is not responsible for refunds.

**Freeze Start Date:** \_\_\_\_\_ **Freeze End Date:** \_\_\_\_\_  
(required) (required)

Member Signature \_\_\_\_\_ Date \_\_\_\_\_

<p><b><u>FD Team Only:</u></b></p> <p><input type="checkbox"/> Received By: _____ <input type="checkbox"/> Date: _____</p> <p><input type="checkbox"/> Entered on Membership Tracking Log</p> <p><b><u>Admin:</u></b></p> <p><input type="checkbox"/> Email sent to member Date: _____</p>
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