

June 2018 - YWCA Pool Schedule
Mon - Thurs: 5:45am - 8pm (Adult Swim 12:30pm-1:30pm)
Friday: 5:45am - 7pm (Adult Swim 12:30pm-1:30pm)
Sat. 8am-4:45pm Sun. 1-4:45pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1</p> <p>9:10-9:50am Shallow Water Work 10-10:50am Aqua Power—Shallow & Deep 12:30-1:30pm Adult Swim</p> <p>Lifeguard Course 12pm-7pm</p> <p>The pool will remain open during this program.</p>	<p>2</p> <p>9-9:50am Aqua Boxing—Shallow 9-12pm Group Swim Lessons</p> <p>Lifeguard Course 12pm-5pm</p> <p>The pool will remain open during this program.</p>
<p>3</p> <p>Scuba & Lifeguard Course 1pm-5pm</p> <p>The pool will remain open during this program.</p>	<p>4</p> <p>8-8:50am Deep Water Work 9-9:45am Aqua Tai Chi— Shallow 10-10:50am Aqua Power— Shallow 12:30-1:30pm Adult Swim 3:30-5:30pm Group Swim Lessons 7-8pm YDub Swim</p> <p>Lifeguard Course 12pm-7pm The pool will remain open during this program.</p> <p>YDub Swim 7pm-8pm 2 Lane will be available during this program.</p>	<p>5</p> <p>8-8:50am Deep Water Work 9-10-10am Aqua Arthritis Energizer 12:30-1:30pm Adult Swim 3:10-5:30pm Group Swim Lessons 6-6:55pm Aqua Boxing—Shallow</p> <p>Lifeguard Course 12pm-7pm</p> <p>The pool will remain open during this program.</p>	<p>6</p> <p>8-8:50am Deep Water Work 9-9:50am Deep Water Work 10-10:50am Aqua Power - Deep 12:30-1:30pm Adult Swim 3:30-5:30pm Group Swim Lessons 6-6:45pm Aqua Cardio—Shallow & Deep 7-8pm YDub Swim</p> <p>YDub Swim 7pm-8pm</p> <p>2 Lanes will be available during this program.</p>	<p>7</p> <p>8-8:50am Deep Water Work 9-15-10:15am Aqua Yoga—Shallow 12:30-1:30pm Adult Swim 3:10-5:30pm Group Swim Lessons</p> <p>Lifeguard Course 12pm-7pm</p> <p>The pool will remain open during this program.</p>	<p>8</p> <p>9:10-9:50am Shallow Water Work 10-10:50am Aqua Power—Shallow & Deep 12:30-1:30pm Adult Swim</p> <p>Lifeguard Course 12pm-7pm</p> <p>The pool will remain open during this program.</p>	<p>9</p> <p>9-9:50am Aqua Boxing—Shallow 9-12pm Group Swim Lessons</p> <p>Lifeguard Course 12pm-5pm</p> <p>The pool will remain open during this program.</p>
<p>10</p> <p>Lifeguard Course 1pm-5pm</p> <p>The pool will remain open during this program.</p>	<p>11</p> <p>8-8:50am Deep Water Work 9-9:45am Aqua Tai Chi— Shallow 10-10:50am Aqua Power—Shallow 12:30-1:30pm Adult Swim 3:30-5:30pm Group Swim Lessons 7-8pm YDub Swim</p> <p>Lifeguard Course 12pm-7pm The pool will remain open during this program.</p> <p>YDub Swim 7pm-8pm 2 Lane will be available during this program.</p>	<p>12</p> <p>8-8:50am Deep Water Work 9-10-10am Aqua Arthritis Energizer 12:30-1:30pm Adult Swim 3:10-5:30pm Group Swim Lessons 6-6:55pm Aqua Boxing—Shallow</p> <p>Lifeguard Course 12pm-7pm</p> <p>The pool will remain open during this program.</p>	<p>13</p> <p style="text-align: center;">Water shut-off in the building.</p> <p style="text-align: center;">Pool is CLOSED.</p>	<p>14</p> <p>8-8:50am Deep Water Work 9-15-10:15am Aqua Yoga—Shallow 12:30-1:30pm Adult Swim 3:10-5:30pm Group Swim Lessons</p> <p>DYP Swim Lessons 11am-12pm 2 lanes open for members</p> <p>Lifeguard Course 12pm-7pm</p> <p>The pool will remain open during this program.</p>	<p>15</p> <p>9:10-9:50am Shallow Water Work 10-10:50am Aqua Power—Shallow & Deep 12:30-1:30pm Adult Swim 6-8pm Flick & Float</p> <p>DYP Swim Lessons 11am-12pm 2 lanes open for members</p> <p>Flick and Float 6-8pm *Registration closes 7 days prior to the movie</p>	<p>16</p> <p>9-9:50am Aqua Boxing—Shallow 9-12pm Group Swim Lessons</p>
<p>17</p>	<p>18</p> <p>8-8:50am Deep Water Work 9-9:45am Aqua Tai Chi— Shallow 10-10:50am Aqua Power—Shallow 12:30-1:30pm Adult Swim 3:30-5:30pm Group Swim Lessons</p> <p>Lifeguard Course 12pm-7pm</p> <p>The pool will remain open during this program.</p>	<p>19</p> <p>8-8:50am Deep Water Work 9-10-10am Aqua Arthritis Energizer 12:30-1:30pm Adult Swim 3:10-5:30pm Group Swim Lessons 6-6:55pm Aqua Boxing—Shallow</p> <p>Lifeguard Course 12pm-7pm</p> <p>The pool will remain open during this program.</p>	<p>20</p> <p>8-8:50am Deep Water Work 9-9:50am Deep Water Work 10-10:50am Aqua Power - Deep 12:30-1:30pm Adult Swim 3:30-5:30pm Group Swim Lessons 6-6:45pm Aqua Cardio—Shallow & Deep</p>	<p>21</p> <p>8-8:50am Deep Water Work 9-15-10:15am Aqua Yoga—Shallow 12:30-1:30pm Adult Swim 3:10-5:30pm Group Swim Lessons</p> <p>Lifeguard Course 12pm-7pm</p> <p>The pool will remain open during this program.</p>	<p>22</p> <p>9:10-9:50am Shallow Water Work 10-10:50am Aqua Power—Shallow & Deep 12:30-1:30pm Adult Swim</p>	<p>23</p> <p>9-9:50am Aqua Boxing—Shallow 9-12pm Group Swim Lessons</p>
<p>24</p>	<p>25</p> <p>8-8:50am Deep Water Work 9-9:45am Aqua Tai Chi— Shallow 10-10:50am Aqua Power—Shallow 12:30-1:30pm Adult Swim 3:30-5:30pm Group Swim Lessons</p> <p>Lifeguard Course 12pm-7pm</p> <p>The pool will remain open during this program.</p>	<p>26</p> <p>8-8:50am Deep Water Work 9-10-10am Aqua Arthritis Energizer 10-30-11:30am DYP Swim Lessons 12:30-1:30pm Adult Swim 3:10-5:30pm Group Swim Lessons 6-6:55pm Aqua Boxing—Shallow</p> <p>DYP Swim Lessons 10:30-11:30am 2 lanes open for members</p> <p>Lifeguard Course 12pm-7pm</p> <p>The pool will remain open during this program.</p>	<p>27</p> <p>8-8:50am Deep Water Work 9-9:50am Deep Water Work 10-10:50am Aqua Power - Deep 11:00-12:00 DYP Swim Lessons 12:30-1:30pm Adult Swim 1:30-2:30am DYP Swim Lessons 3:30-5:30pm Group Swim Lessons 6-6:45pm Aqua Cardio—Shallow & Deep</p> <p>DYP Swim Lessons 11am-12pm & 1:30pm-2:30pm 2 lanes open for members</p>	<p>28</p> <p>8-8:50am Deep Water Work 9-15-10:15am Aqua Yoga—Shallow 10-30-11:30am DYP Swim Lessons 12:30-1:30pm Adult Swim 3:10-5:30pm Group Swim Lessons</p> <p>DYP Swim Lessons 10:30am-12:30pm 2 lanes open for members</p> <p>Lifeguard Course 12pm-7pm</p> <p>The pool will remain open during this program.</p>	<p>29</p> <p>9:10-9:50am Shallow Water Work 10-10:50am Aqua Power—Shallow & Deep 11:00-12:00 DYP Swim Lessons 12:30-1:30pm Adult Swim</p> <p>DYP Swim Lessons 11am-12pm 2 lanes open for members</p>	<p>30</p> <p>9-9:50am Aqua Boxing—Shallow 9-12pm Group Swim Lessons</p>